

CLINIC NAME: CR & ST Mission Viejo

NAME \_\_\_\_\_ SOCIAL SECURITY # \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 HOME PHONE ( ) \_\_\_\_\_ MOBILE ( ) \_\_\_\_\_ WORK PHONE ( ) \_\_\_\_\_ Ext \_\_\_\_\_  
 DATE OF BIRTH \_\_\_\_\_ E-MAIL: \_\_\_\_\_ PATIENT GENDER: \_\_\_\_\_

PERSON TO CONTACT IN CASE OF EMERGENCY \_\_\_\_\_  
 RELATIONSHIP \_\_\_\_\_ PHONE \_\_\_\_\_

REFERRING PHYSICIAN \_\_\_\_\_ PHONE \_\_\_\_\_  
 DATE OF INJURY OR SURGERY \_\_\_\_\_ DIAGNOSIS \_\_\_\_\_ ICD # \_\_\_\_\_  
 CAUSE OF COMPLAINT DUE TO:  AUTO  WORK  OTHER

**NAME OF INSURED/ POLICY HOLDER**

NAME \_\_\_\_\_ RELATIONSHIP TO PATIENT \_\_\_\_\_ SOCIAL SECURITY # \_\_\_\_\_  
 EMPLOYER NAME \_\_\_\_\_ PHONE \_\_\_\_\_

**INSURANCE INFORMATION** Do you have an secondary insurance?  Yes  No

**PRIMARY**  
 NAME OF INSURANCE COMPANY \_\_\_\_\_ Auth / Rx Needed?  Yes  No  
 BILLING ADDRESS: \_\_\_\_\_  
 PHONE ( ) \_\_\_\_\_ - \_\_\_\_\_ REPRESENTATIVE \_\_\_\_\_  
 POLICY/ ID# \_\_\_\_\_ GROUP# \_\_\_\_\_ EFFECTIVE DATE: \_\_\_\_\_  
 BENEFITS \_\_\_\_\_ % DEDUCTIBLE \_\_\_\_\_ MET \_\_\_\_\_ COPAY \$ \_\_\_\_\_ OUT OF POCKET MAX \_\_\_\_\_  
 REQUIRES PRE -AUTH:  YES  NO AUTH# \_\_\_\_\_ # OF VISITS AUTHORIZED \_\_\_\_\_  
 AUTHORIZED BY \_\_\_\_\_ DATE \_\_\_\_\_ PLAN LIMITATIONS: \_\_\_\_\_

**SECONDARY**  
 NAME OF INSURANCE COMPANY \_\_\_\_\_ PHONE # \_\_\_\_\_  
 INSURANCE BILLING ADDRESS: \_\_\_\_\_  
 POLICY HOLDER: \_\_\_\_\_ RELATIONSHIP TO PATIENT \_\_\_\_\_  
 SOCIAL SECURITY/ MEMBER ID# \_\_\_\_\_ GROUP# \_\_\_\_\_

**WORKERS' COMPENSATION / AUTO INFORMATION**  
 NAME OF INSURANCE COMPANY \_\_\_\_\_ PHONE # \_\_\_\_\_  
 ADDRESS TO SUBMIT CLAIMS \_\_\_\_\_  
 ADJUSTER \_\_\_\_\_ PHONE# \_\_\_\_\_ FAX# \_\_\_\_\_  
 DATE OF INJURY \_\_\_\_\_ CLAIM# \_\_\_\_\_ PREVIOUS PT/OT (This Injury)  YES  NO  
 EMPLOYER \_\_\_\_\_ PHONE# \_\_\_\_\_  
**AUTO PATIENTS ONLY:** POLICY HOLDER: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_  
 AUTO POLICY # \_\_\_\_\_ MED-PAY ON POLICY:  YES  NO AMOUNT \$ \_\_\_\_\_

**MEDICARE PATIENTS ONLY**

DO YOU HAVE MEDICARE PART A & PART B?  YES  NO  
 HAVE YOU RECEIVED HOME HEALTH WITHIN THE LAST 2 MONTHS?  YES  NO  
 ARE YOU CURRENTLY RECEIVING ANY TYPE OF THERAPY AT ANOTHER FACILITY OR HOSPITAL?  YES  NO  
 HAVE YOU PREVIOUSLY RECEIVED PT/OT FOR THIS DIAGNOSIS?  YES  NO

**Insurance Benefits and Payment Policy:** The information listed above is a description of your healthcare benefits, which was given to us by a representative of your health insurance company. It is not a guarantee or authorization of payment. Actual benefits cannot be determined until the claim has been received and processed by your insurance. We will call to verify your insurance coverage. Deductibles and co-payments are due at the time of service.

I hereby give lifetime authorization for payment or insurance benefits to be made directly to this healthcare provider for services rendered. I understand that I am financially responsible for all charges not paid by my insurance company. In the event of default, I agree to pay all costs of collection and reasonable attorneys fees. I further agree that a photocopy of this agreement is as valid as the original. I further authorize that my signature on this form constitutes assignment of benefits to the above name healthcare provider.

I consent to have this healthcare provider and/or its' affiliates provide the treatment and care prescribed by my physician(s). I understand this consent may be revoked by me at any time.

\_\_\_\_\_  
 PATIENT'S SIGNATURE

\_\_\_\_\_  
 DATE

### MEDICAL HISTORY/SUBJECTIVE INFORMATION

A complete medical history is necessary for a thorough evaluation. Please answer the following questions.

Your Name: _____				Today's Date: _____	
Date of Birth: _____	Age: _____	Height: _____	Weight: _____	Do You Smoke? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female If female, are you currently pregnant? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, <input type="checkbox"/> 1 <sup>st</sup> Trimester <input type="checkbox"/> 2 <sup>nd</sup> Trimester <input type="checkbox"/> 3 <sup>rd</sup> Trimester					

Have you ever been diagnosed with any of the following?

- |                 |  |           |  |                      |  |
|-----------------|--|-----------|--|----------------------|--|
| Tuberculosis    | <input type="checkbox"/> No <input type="checkbox"/> Yes | Cancer    | <input type="checkbox"/> No <input type="checkbox"/> Yes | Arthritis            | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Diabetes        | <input type="checkbox"/> No <input type="checkbox"/> Yes | Hepatitis | <input type="checkbox"/> No <input type="checkbox"/> Yes | Stroke               | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Heart Condition | <input type="checkbox"/> No <input type="checkbox"/> Yes | Epilepsy  | <input type="checkbox"/> No <input type="checkbox"/> Yes | Respiratory Problems | <input type="checkbox"/> No <input type="checkbox"/> Yes |

Other: \_\_\_\_\_

Who referred you to physical therapy? \_\_\_\_\_

Primary Physician \_\_\_\_\_

#### Tell Us About Your Condition

When did you first notice the pain or have functional problems due to the condition/injury? (Please provide approximate dates): \_\_\_\_\_

Recent flare-up?  No  Yes If yes, when \_\_\_\_\_

What activities are limited by this condition? (e.g. lift, reach): \_\_\_\_\_

How did your injury/symptoms occur? \_\_\_\_\_

What do you expect to accomplish with physical therapy? \_\_\_\_\_

Are your symptoms:  Constant?  Intermittent?  Getting Better?  
 Getting worse?  Staying the same?

What makes your symptoms better? \_\_\_\_\_

0-10 pain scale (0 = No Pain; 5 = Moderate Pain; 10 = The Most Extreme Pain)  
 Worst pain rating: 0 1 2 3 4 5 6 7 8 9 10  
 Best pain rating: 0 1 2 3 4 5 6 7 8 9 10

For this injury, has your medical care included: (check those that apply)

Surgery: When? \_\_\_/\_\_\_/\_\_\_ What kind? \_\_\_\_\_

Injection: When? \_\_\_/\_\_\_/\_\_\_ Did it help?  Yes  No

Other treatment:

Physical therapy If yes, when? \_\_\_/\_\_\_/\_\_\_ to \_\_\_/\_\_\_/\_\_\_  
 What was done? \_\_\_\_\_

Chiropractor If yes, when? \_\_\_/\_\_\_/\_\_\_ to \_\_\_/\_\_\_/\_\_\_  
 What was done? \_\_\_\_\_

Medications: \_\_\_\_\_

X-ray \_\_\_\_\_  MRI \_\_\_\_\_

CT scan \_\_\_\_\_  Other: \_\_\_\_\_

Exercises: What kind? \_\_\_\_\_

Indicate on body diagrams where your symptoms are located  
 ■ = Pain III = Numbness

Have you fallen 1 or more times in the past year for any reason? YES  NO

Do you have any numbness or abnormal sensation in your feet or hands? YES  NO

Do you have special or modified footwear or shoe inserts to prevent ulcers? YES  NO



**CALIFORNIA  
REHABILITATION  
& SPORTS THERAPY**

**Cal Rehab & Sports Therapy**

26302 La Paz Road #105, Mission Viejo, CA 92691

Phone: 949.206.1700 / Fax: 949.206.1800

**PATIENT NAME (Please print):** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**3.5.1C PATIENT PRIVACY NOTICE ACKNOWLEDGEMENT**

Initial: \_\_\_\_\_ I have read and understand the HIPAA Protected Health Information Privacy Notice 3.5.1A. I understand that upon request a copy of the complete notice will be provided to me.

**FINANCIAL AGREEMENT**

Initial: \_\_\_\_\_ I authorize and give consent to California Rehabilitation and Sports Therapy (C.R.S.T.) to administer any Physical/Occupational Therapy treatment. I understand that I will be responsible for all charges and fees to the clinic while patient being treated.

**INSURANCE VERIFICATION AND BILLING**

Initial: \_\_\_\_\_ Cal Rehab will verify eligibility and benefits for physical therapy and bill your insurance company for services as a courtesy. However, the patient is ultimately responsible for prompt and full payment for all services provided.

**CANCELLATION POLICY AND ATTENDANCE**

Initial: \_\_\_\_\_ **It is extremely important you arrive on time for your appointment.** Being late may result in your appointment being rescheduled due to lack time for a productive treatment.

Initial: \_\_\_\_\_ We request you provide twenty-four (24) hours notice for cancellations. **Less than 24 hours notice and "no-shows" will be subject to a \$50 cancellation fee, due at the next visit.** Medical insurance companies will not cover any cancellation fees. Payment is the responsibility of the patient.

I have read the above policies and procedures and understand my responsibilities.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewed with patient by \_\_\_\_\_ Date: \_\_\_\_\_

(Cal Rehab Employee)

## ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

As part of my health care, California Rehabilitation and Sports Therapy creates and stores information about me. This includes records concerning my health history, symptoms, examinations, test results and plans for future care.

I understand that this information serves as a basis for my continuing care. I understand that this information is used as a means of communication among California Rehabilitation and Sports Therapy personnel, and with medical personnel outside of this practice. I understand that this information serves as a source of information for applying my diagnoses and treatment to my bill.

I understand that this information is a way for third party insurance companies to assure that a service we billed for was actually performed.

I understand that this information can be used as a tool to assess the quality of care provided to patients. I have been provided an opportunity to review the Notice of Privacy Practices for California Rehabilitation and Sports Therapy that provides a more complete review of information uses and disclosures. I understand that I have the right to review the Notice of Privacy Practices before signing this consent.

I understand that California Rehabilitation and Sports Therapy may change its Notice of Privacy Practices at any time and that a current copy will be available for my inspection during regular business hours of each medical office and at the central billing office.

I understand California Rehabilitation and Sports Physical Therapy for Worker's Compensation Cases, will release the minimum necessary PHI/ePHI to my employer, my worker's compensation insurance carrier, third party administrator, rehab nurse or nurse case manager unless otherwise restricted below.

I understand that I have the right to request restrictions as to how my information may be disclosed to carry out treatment, payment or other healthcare operations and that California Rehabilitation and Sports Therapy is not required to agree to the restrictions requested. The procedure to request **restriction** on information use and disclosure is contained in the Notice of Privacy Practices. Please complete the following that apply.

I **DO NOT** authorize release of my information with the following individuals or organizations (enter names below and initial the box to left):

I **DO** authorize sharing of my information with the following individuals or organizations (enter names below and initial the box to left):

Spouse/Children: \_\_\_\_\_

Other: \_\_\_\_\_

*These restrictions and/or authorizations to release information will remain in effect until terminated in writing.*

**Appointment Communication Preference:** I prefer to be contacted in the following manner:

Home Phone       Work Phone       My Mobile Phone       Email

Provide email address or phone number: \_\_\_\_\_

**I acknowledge that I have received a copy of the Notice of Privacy Practices of California Rehabilitation and Sports Therapy and that the full version is posted at my treatment facility and available upon request. I agree to the liability limitations explained therein.**

\_\_\_\_\_  
Signature of patient or legal representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Printed name of patient